



SWIMMING RULES & REGULATIONS FOR 2024

Under FINA/KSF Technical Rules

SESSION:

1. Sunday

7.45am for a start at 8.30am Events 1 - 32

AWARDS

Medal Awards Ceremony will take place at the end of each event. Medals to the top 2 finishers in each event male & female.

AGE GROUPS

For this competition, the operative date is **1st November 2024**. Any swimmer who will have his 9th birthday on or before **the first day of the meet** will swim in the 8 -9yrs age group. Age groups: 7yrs & under, 8 - 9yrs, 10 - 11yrs, 12 - 13yrs, 14 - 15yrs, 16yrs & over, 40 & over.

QUALIFYING TIMES

There are no qualifying times for this meet. All the swimmers taking part are expected to comfortably swim and finish their races.

ENTRIES

No poolside, SMS, or verbal entries. No changes will be done at the poolside when the gala is running. All scratches done before the Team Manager's Meeting.

ENTRY FEES

N/A

RELAYS

Each team in the mixed relays events will be composed of two male and two female swimmers. Each team may enter a maximum of 3 relays per event. **Only swimmers entered in this competition may swim in relays.**

The Relays will be arranged on the day of the event.

PROTEST

All protests shall be made in writing addressed to the Referee of the session together with a protest fee of Ksh 1000/- per protest. The Technical committee will act as a jury.

THE REFEREE'S DECISION IS FINAL

THE START Two-start rule shall apply

MARSHALLING

Swimmers must pay attention to marshalling call made over the public address system. Once marshaled swimmers fall under the control of the Marshall. Once the marshalling for the race is closed, no other swimmers will be accepted for the race. Parents are not allowed in the Marshaling Tent.

MEETING

All Team Managers/Coaches are required to attend a Coaches/Managers meeting for a final brief to be conducted by the Organizers and Referee of the meet.

TIME SCHEDULE The Organizer reserves the right to vary the program according to circumstances at his own discretion.

RESULTS The full and final results will be available at the end of the meet.

MEDAL CEREMONY– Swimmers must present themselves in good time and correctly attired. **Only medal winners are allowed to be on the medal podium during medal presentations (no family members, etc.).**

GENERAL NOTICE You are requested to refrain from littering the pool surroundings.

DISCLAIMER:

ENTRY IS ENTIRELY AT OWN RISK. Neither the Festival of Friendship nor The Oshwal Complex will accept responsibility for any incident or accident, injury or loss, which may occur before, during and after the event.

PROGRAMME OF EVENTS

SESSION 1

**Day of Meet 1: SUNDAY Morning
Starts at 08:30 AM**

Girls

- 1)25 FREE
- 3)25 BACK
- 5)100 I.M.
- 7)25 BACK
- 9)25 FLY
- 11)25 FREE
- 13)25 BREAST
- 15)25 FLY
- 17)50 FREE
- 19)100 FREE

- 8-9, 10-11, 12-13,14-15,16+, 40+
- 8-9, 10-11, 12-13, 14-15, 16+, 40+
- 8-9, 10-11, 12-13, 14-15, 16+, 40+
- 7YRS & Under
- 8-9, 10-11, 12-13,14-15,16+, 40+
- 7YRS & UNDER
- 8-9, 10-11, 12-13, 14-15, 16+, 40+
- 7YRS & Under
- 8-9, 10-11, 12-13, 14-15, 16+, 40+
- 8-9, 10-11, 12-13, 14-15, 16+, 40+

Boys

- 2)
- 4)
- 6)
- 8)
- 10)
- 12)
- 14)
- 16)
- 18)
- 20)

SESSION 2

Girls

- 21) 4 X 25
- 22) 4 X 25
- 23) 4 X 25
- 24) 50 BREAST
- 26) 25 BREAST
- 28) 4 x 25
- 29) 4 X 25
- 30) 4 X 25
- 31) 200 FREE

- MIXED MEDLEY RELAY 9/U
- MIXED MEDLEY RELAY 10-15
- MIXED MEDLEY RELAY 16O
- 8-9, 10-11, 12-13, 14-15, 16+, 40+
- 7YRS & UNDER
- MIXED FREE RELAY 9 & UNDER
- MIXED FREE RELAY 10-15
- MIXED FREE RELAY 16 & OVER
- 10-11, 12-13, 14-15,16+, 40+

Boys

- 25)
- 27)
- 32)

CONVENOR: FALGUN BHOJAK

An Event with Less than three (3) communities shall be cancelled. Subject to change without notice. Age As at 5th OF NOVEMBER 2024. For more information Contact your community representative.